

**girls  
inc.**

Inspiring all girls  
to be strong,  
smart, and bold

# Summer 2019

## Girls Incorporated of Greater Lowell

### Activity Schedule for Week Ten: August 19-23

## *Stronger, Smarter, Bolder*



### MONDAY

**Welcome to WEEK 10, the last week of the 2019 Summer Program!**

**Please note that we will NOT be providing free lunches next week, so your daughter(s) need to pack a NON-microwavable lunch.**

Girls Inc. kickstarts *Stronger, Smarter, Bolder Week* with a morning of group games and activities. The afternoon will be divided into three hour-long intentional activity sessions, during which girls will rotate through age group activities. Groups 1-3 will be: reading "The Adventures of Beekle" and crafting their own imaginary friend drawings; playing matching activity games; and making brown paper bag books. Groups 4-6 will be: making healthy ice cream; jamming as a group on all the instruments they created over the summer; and having a film watching party to celebrate their summer film creations. Groups 7-9 will be: investigating the difference between positive and negative social media messages; crafting their own paintings while sipping on a special summer drink; and discussing ways to build great friendships. The day will wrap up with snack and group games.

### TUESDAY

Girls and staff will meet at Girls Inc. this morning for exciting group challenges and projects, followed by activities in the afternoon. Groups 1-3 will enjoy: playing space bingo and revisiting all that the girls learned over the summer; rotating through activity stations of word matching and bingo activities; and exploring with scratch coding and Makey Makey animation. Groups 4-6 will be: reflecting on all the talks the girls have participate in over the summer; exploring Greek mythology characters and the Calydonian Boar Hunt; and sharing their finished secret codes. Groups 7-9 will be: learning about viscosity and buoyancy while making lava lamps; exploring the history of pizza while baking a cookie pizza; and playing softball while discussing important female athletes in the sport. The day will end with snack and general group activities.

**This Week Sponsored by National Grid**

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## WEDNESDAY

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### **Annual Cook-Out, On-Site**

As summer comes to a close, we will spend the day on-site celebrating and reflecting on all we learned, all we achieved, and all we shared in the past weeks. Each group will make a scrapbook for the Girls Inc. Archives, with each member contributing her own piece and her own memories. Members will have a lunch time cook out (catered by a very special chef) and in the afternoon we will have our Summertime Stronger, Smarter, Bolder Party. Girls will have the chance to rotate through stations and experience each of Girls Inc.'s eight identity programs, from self-defense and personal safety, to financial literacy. Members will end the summer and embark on a new year of school being their strongest, smartest and, boldest selves.



## THURSDAY

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The girls will begin this fun-filled day with local "Mini Field Trips," during which they will explore a variety of organizations, museums, galleries and businesses in the Lowell area! In the afternoon, Groups 1-3 will be: participating in a dance battle; practicing making predictions with weight science; and discussing current important events in the world. Groups 4-6 will enjoy: creating healthy you collages; participating in a free sewing activity; and learning about writer JK Rowling while making a mock Instagram profile of her. Groups 7-9 will be: discussing all the different methods of self-care the girls learned throughout the summer; practicing cloud watching as a form of mindfulness and being aware of what is around us; and doing a master chef challenge with chocolate. The day will end with group games and a healthy snack.

## FRIDAY

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The last day of summer program will begin with group projects followed by lunch. Activity time will follow where Groups 1-3 will have activities including: working together to create good friendship skits; crafting peacocks while learning about their lives and habits they live in; and discussing what it means to have good hygiene. Groups 4-6 will enjoy: participating in a water balloon challenge; designing their own pattern creations; and making fruit salad trains in cooking. Groups 7-9 will be: displaying their photography from the summer in photography; playing drama telephone and learning adaptation and collaboration skills in acting; and writing a short story related to the Stronger, Smarter, Bolder theme. The summer program will end with fun group activities and snack.

## Special Notice

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**Girls Inc. of Greater Lowell's After School Program starts on Tuesday, August 27, 2019. Don't forget to sign up for a full school year of engaging, educational activities and fun opportunities to build confidence, strengthen academic skills, and develop into an even Stronger, Smarter, and Bolder leader! See the Business Manager for more details.**