About
Our mission at Girls Inc. is to “inspire all girls to be Strong, Smart and Bold.” The Girls Inc. of Greater Lowell Outreach Program provides community-based, enrichment activities to children in the Greater Lowell area who could not otherwise attend or afford program opportunities at our center. Outreach sites find value in our programs because they truly maximize out-of-school time by providing research-based, educational curricula, which are tailored to meet the needs of the children at each site.

Scheduling
Most programs meet once a week for 1-1.5 hours. Scheduling can be modified to meet your requirements. Programs can be implemented during the school day or during out-of-school time. Programming is also available during summer and vacation week periods.

Fees
To meet staffing and supply costs, Girls Inc. charges modest fees* ranging from $400-$600 per 8 to 12 week session.

*Some sites may be eligible for program scholarships made possible by generous grants from The TJX Foundation and The Cummings Foundation.

Contact
If you would like more information about our unique, results driven programs, please contact:
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“Inspiring all girls to be strong, smart and bold!”
### Classes

**Sporting Chance**  
Through Girls Inc. Sporting Chance, girls build a foundation of enjoying sports, adventure, and physical activity throughout their lives. Girls develop movement and athletic skills, cooperative and competitive spirit, and healthy habits. They experience the benefits and excitement of taking positive risks that bolster their self-confidence and personal growth.

**Friendly PEERsuasion**  
This program teaches girls healthy ways to manage stress and confront peer, media, and other pressures. Girls also build leadership skills as they assume the role of a PEERsuader by planning and implementing activities that teach others about the dangers and necessary skills to resist pressures to use harmful substances such as alcohol, tobacco and other drugs.

**Informed and In Charge**  
In this empowering and essential program, girls acquire the knowledge and skills to take charge of their sexual health, develop relationship skills, and recognize and move beyond stereotypes that are limiting for women.

**Operation SMART**  
This science, technology, engineering, and math program offers girls engaging science activities that promote STEM skills development in areas such as the engineer design process, chemistry, biology, dissection, and more. Girls discover that they can excel in STEM classes and careers by learning about and meeting local female STEM mentors.

**Photovoice**  
Through this community activism and literacy program, girls share their stories using photography and accompanying narratives. Photovoice provides hands-on opportunities to practice life skills such as research, photography, writing, marketing, and activism. At the end of the session, girls will plan a public exhibit to showcase their work.

**Media Matters**  
In Media Matters, girls increase their awareness of the power of the media and the effects of media messages on girls and women. They learn to analyze what they see and hear in the media and advocate for change in entertainment, news, and advertising. Girls have the opportunity to create media that is realistic and reflective of their lives. They also learn about media-related careers.

**Girls with Goals**  
Through this empowering program, girls become educated on setting goals and how to achieve them. Girls learn what it means to be mentally and physically healthy, get to know their own strengths, and learn about emotions and feelings, all while increasing self-esteem and confidence.

**Project Bold**  
This program builds negotiation, assertiveness, and self-defense techniques, as well as facilitates open and honest discussions about violence—including teasing and bullying. Girls learn real life skills and strategies to lead safer lives in their homes, communities, relationships and online.

**She’s On the Money**  
In this fun financial literacy program, girls learn about money and the economy, including how to manage, invest, and save, as well as how to help others through philanthropy. As girls explore how the economy affects everyone locally and globally, they develop skills critical to being financially savvy and to becoming economically independent adults.