

Summer 2017

Girls Incorporated of Greater Lowell

Activity Schedule for Week Nine: August 21-25

GIRLS!

WE RUN THIS WORLD



MONDAY

Welcome to Week 9, the last week of the Girls Inc. Summer Program! **Please note that we will NOT be providing free lunches at all this week. Girls Inc. members need to pack a non-microwavable lunch every day this week!**

The Girls Inc. Store will be open in the lobby during pick-up time (4:30-5:30) on Tuesdays and Fridays.

We'll kick off **Girls! We Run this World Week** with a morning of group activities and games. Lunch will be served at noon, then the afternoon will be divided into three hour-long intentional activity sessions, during which girls will rotate through each age group activity. The choices for the "Youngers" (girls in Groups 1-4) will be: completing "Sweat University" and getting certificates of completion in SWEAT, developing focus and creativity in Drama Queens, participating in a jam session with instruments in Musical Muses, and learning about life in the Lowell mills and what it means to stand up for people's rights in Empower Pages. Choices for "Olders" (girls in Groups 5-8) will be: doing a Mentos and diet coke chemical reaction experiment in Exotic Explorers, learning about strong women who shaped history in Rad History, practicing the sport of field hockey and learning about Scotland in Global Girls, and making teriyaki chicken stir-fry in Lady Chefs. We'll wrap up the day with snack and group games.

TUESDAY

Girls and staff will meet at Girls Inc. this morning for exciting group challenges and projects. The girls will have lunch at noon, then head to an afternoon of activities. The "Youngers" (groups 1-4) will enjoy: learning photography and multimedia skills while building leadership in Photo Me, reading "The Lizard and the Sun" and learning about the Aztecs while making masks in All Star Readers, finishing knitting projects in Neat Knitters and doing a lifecycle review and playing Pictionary in Nature Nook. The "Olders" (groups 5-8) will be: finishing "The Devil's Arithmetic" and learning about the Holocaust in a summer long book club in Rockin Readers, exploring choreography in Fancy Feet, creating "Who Am I" poems in Express It, and playing tennis in Body Pump. The day will end with snack and general group activities.

WEDNESDAY

Field Trip Day! Girls will be on-site.

As summer comes to a close, we will spend the week on-site celebrating and reflecting on all we learned, all we achieved and all we shared in the past weeks. Each group will make a scrapbook for the Girls Inc. Archives, with each member contributing her own piece and her own memories. Members will have a lunch time cook out (catered by a very special chef) and in the afternoon, we will have our Summer Time Stronger, Smarter, Bolder Party. Girls will have the chance to rotate through stations and experience each of Girls Inc.'s eight identity programs, from self-defense and personal safety, to financial literacy. Members will end the summer and embark on a new year of school being their strongest, smartest and boldest selves.

THURSDAY

The girls will begin this exciting day with our last round of local "Mini Field Trips," during which they will explore a variety of organizations, museums, galleries and businesses in the Lowell area! Lunch will be served at noon, after which "Youngers" will have choice activities of: playing vocabulary games and getting saver certificates in Money Mania, creating their own travel passports in Around the World, discovering the history of Italy while learning how to count in Italian and eating chocolate hazelnuts in Herstory's Treats, and playing their favorite summer games in Fab Fitness. "Olders" will also have rounds of Choices, during which they can choose from: learning about Beyonce, her foundation, and what it means to be a feminist in Sheros, creating fake Instagram posts for a unique planet in Astro Girls, reading "My Great Aunt Arizona" and discussing personal dreams and experiences in Lit Ladies, and practicing how to do laundry in Mind and Body. The day will end with snack, clean-up and group games.

FRIDAY

The last day of our Girls Inc. summer program will begin today with group games, followed by lunch at noon. Activity time will follow where "Youngers" will have choice activities of: celebrating "National Second-Hand Wardrobe Day" and doing a mini clothing drive for Progress Clothing and meeting the founder Sabrina Boggio in Fancy Fridays, playing various physical games in Work It Out, reading "Puss in Boots" and making black hats in Artsy Authors, and doing an overview of places the girls "visited" in Traveling Tots. "Olders" will choose from: learning about self-love and different stereotypes in Kindly Kids, performing improv silent movie style skits in Act It Out, dissecting cow eyes and sheep brains to learn about organs and their functions in Savvy Science, and creating marble candle holders in Bold Art. The day will end with snack, clean-up and group games.

Thank you all for a Strong, Smart and Bold summer!

Special Notice

Girls Inc.'s After School Program starts on the first day of Lowell Public Schools – Tuesday, August 29! We're open 2:00-6:00 Monday-Friday with all sorts of fun and enriching program offerings – come on up to the office and sign up today!