

# Summer 2017

## Girls Incorporated of Greater Lowell

Activity Schedule for Week Eight: August 14-18

### ***ANIMAL***

### ***ESCAPADES***

MONDAY



Welcome to Week 8 of the Girls Inc. Summer Program! **Please note, Monday, August 14 is the last day for swimming at South Common Pool. Please remember to bring bathing suits, swim towels and backpacks. Free summer lunches will also end this Friday, August 18.**

The Girls Inc. Store will be open in the lobby during pick-up time (4:30-5:30) on Tuesdays and Fridays.

We'll kick off **Animal Escapades Week** with our last morning of swimming at the South Common Swimming Pool. After morning swim time, we will have lunch (which is provided through the Lowell Healthy Summer Program) and play group games. The afternoon will be divided into three hour-long intentional activity sessions, during which girls will rotate through each age group activity. The choices for the "Youngers" (girls in Groups 1-4) will be: creating special tri-folds overviewing what the girls have learned this summer in SWEAT, playing various games that use the girls' voices and bodies to communicate in Drama Queens, crafting their own instruments in Musical Muses, and learning the notion of importance and creating rainbow fishes in Empower Pages. Choices for "Olders" (girls in Groups 5-8) will be: experimenting with the brain-body connection in Exotic Explorers, learning about Mayan glyphs and making their own in Rad History, practicing the sport of tennis and learning about France in Global Girls, and making sugar cookies in Lady Chefs. We'll wrap up the day with snack and group games.

TUESDAY

Girls and staff will meet at Girls Inc. this morning for exciting group challenges and projects. The girls will have lunch at noon, then head to an afternoon of activities. The "Youngers" (groups 1-4) will enjoy: learning photography and multimedia skills while building leadership in Photo Me, reading "The Magic Fan" and learning about inspiration while making folding Japanese fans and learning about tsunamis in All Star Readers, building knitting skills in Neat Knitters and discovering the plant lifecycle and planting seeds in Nature Nook. The "Olders" (groups 5-8) will be: continue reading "The Devil's Arithmetic" and learning about the Holocaust in a summer long book club in Rockin Readers, exploring partner dance work in Fancy Feet, creating owl ornaments and discussing wisdom and overcoming obstacles in Express It, and doing a boot camp workout in Body Pump. The day will end with snack and general group activities.

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## WEDNESDAY

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**Field Trip Day! Buses depart at 8:30.**

**OLDERS: Blue Hills Trailside Museum- Milton, MA (Groups 5-8)**

At the Blue Hillside Trail Museum, the opportunities to explore the animal world are endless. Girls will view the museum's exhibits, including a live animal exhibit with local wildlife, and a Hall of Time that depicts the effects of human populations on the environment over time. They will then hike out to the pond with the museum staff for their Pond Explorers Programs. Girls will get the chance to observe tadpoles, minnows and turtles and test the water for pollutants that could harm the ecological system.

**Your day kit should contain: sunscreen, drinking water, extra shoes and socks, an extra change of clothes and plenty of drinking water.**

**YOUNGERS: Capron State Park Zoo- Attleboro, MA (Groups 1-4)**

This little zoo is a gem and features animals from all over the globe, from the tropical rainforests of the Amazon to the plains of Africa. Seven of its exhibits house animals currently on a species survival plan, including the white lion and lioness and the critically endangered sloth bear. Because of our summer time visit, girls will get to experience seasonal exhibits like the golden lion tamarin and Katelyn's Garden, which houses a kookaburra. We will have lunch in the zoo's picnic area and visit its splash pad park for a fun break from the hot weather.

**Your day kit should contain: sunscreen, drinking water, dry clothes, and good walking shoes.**

## THURSDAY

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The girls will begin this exciting day with local "Mini Field Trips," during which they will explore a variety of organizations, museums, galleries and businesses in the Lowell area! Lunch will be served at noon, after which "Youngers" will have choice activities of: learning about JDCU's "Savers Program" in Money Mania, creating boomerangs and learning about Aboriginal dot art from Australia in Around the World, discovering the history of Norway and eating berries in Herstory's Treats, and learning yoga in Fab Fitness. "Olders" will also have rounds of Choices, during which they can choose from: learning about Katrina Goldsaito, the author of "The Sound of Silence" in Sheros, discovering the work of Galileo and constellations in Astro Girls, reading "Paperboy" and discussing persevering through life's challenges in Lit Ladies, and practicing healthy personal hygiene techniques in Mind and Body. The day will end with snack, clean-up and group games.

## FRIDAY

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Friday morning will jump start with group activities, followed by lunch at noon. Activity time will follow where "Youngers" will have choice activities of: celebrating "National Bad Poetry Day" and creating silly fun "bad" poems in Fancy Fridays, adventuring through an obstacle course in Work It Out, reading "Miss Spider's Tea Party" and making paper teacups in Artsy Authors, and learning about Italy while reading "Strega Nona" in Traveling Tots. "Olders" will choose from: learning how to be kind to ourselves in Kindly Kids, performing scripted out scenes in Act It Out, discovering human anatomy and different parts of the brain in Savvy Science, and creating Braille menus or large print menus for restaurants in Bold Art. The day will end with snack, clean-up and group games.

***Have a wild weekend everyone!***