

Summer 2017

Girls Incorporated of Greater Lowell

Activity Schedule for Week Six: July 31-August 4

ACT OUT & SPEAK UP

MONDAY



Welcome to Week 6 of the Girls Inc. Summer Program! **Please note, field trip day is on Thursday this week only! Please read below for more details.**

Please remember to bring bathing suits, swim towels and backpacks Monday and Friday for swimming at South Common Pool! The Girls Inc. Store will be open in the lobby during pick-up time (4:30-5:30) on Tuesdays and Fridays.

We'll kick off **Act Out and Speak Up Week** with a morning of swimming at the South Common Swimming Pool. After morning swim time, we will have lunch (which is provided through the Lowell Healthy Summer Program) and play group games. The afternoon will be divided into three hour-long intentional activity sessions, during which girls will rotate through each age group activity. The choices for the "Youngers" (girls in Groups 1-4) will be: participating in a fun Simon Says game incorporating new vocabulary words the girls have learned this summer and doing a fun workout in SWEAT, playing a zombie name game and slow-motion emotion drama game in Drama Queens, creating compositions using math in Musical Muses, and learning what it means to do the right thing and making thank you cards to someone that has helped them in Empower Pages. Choices for "Olders" (girls in Groups 5-8) will be: experimenting with gum in Exotic Explorers, learning the structure of debate and how it has shaped our government and society in Rad History, practicing the sport hurling and learning about Ireland in Global Girls, and making chicken kabobs in Lady Chefs. We'll wrap up the day with snack and group games.

TUESDAY

Girls and staff will meet at Girls Inc. this morning for exciting group challenges and projects. The girls will have lunch at noon, then head to an afternoon of activities. The "Youngers" (groups 1-4) will enjoy: learning photography and multimedia skills while building leadership in Photo Me, reading "Dumpy La Rue" and learning what the girls are passionate about in All Star Readers, building knitting skills in Neat Knitters and discovering the chicken lifecycle and doing a craft in Nature Nook. The "Olders" (groups 5-8) will be: continue reading "The Devil's Arithmetic" and learning about the Holocaust in a summer long book club in Rockin Readers, learning lyrical dance in Fancy Feet, creating Lego structures that help support others while learning about support systems in Express It, and playing the Run, Run Chicken Go Home game in Body Pump. The day will end with snack and general group activities.

WEDNESDAY

The girls will begin this exciting day with local “Mini Field Trips,” during which they will explore a variety of organizations, museums, galleries and businesses in the Lowell area! Lunch will be served at noon, after which “Youngers” will have choice activities of: designing their own Bodega small grocery store and taking turns running, owning, working at and shopping at the Bodega while learning some Spanish in Money Mania, creating mummies and pyramids while learning about Egypt in Around the World, discovering Australia’s historic timeline while eating fairy bread and learning the Kookaburra song in Herstory’s Treats, and playing bean bag games and relay races in Fab Fitness. “Olders” will also have rounds of Choices, during which they can choose from: learning about Lateefah Simon, a social justice leader and advocate for young women in Sheros, exploring the habitable zones and exoplanets of our solar system in Astro Girls, reading “The Whispering Cloth” and exploring the world of storytelling in Lit Ladies, and making orange coconut scrub in Mind and Body. The day will end with snack, clean-up and group games.

THURSDAY

Field Trip Day! Bus departs at 8:30. Please be sure your daughter arrives at least 15 MINUTES prior to our departure time. If your daughter misses the bus, she will be unable to stay at Girls Inc.

Palace Theatre: *The Little Mermaid*, Manchester NH

Today the girls will learn the value of their voices, when they travel to Manchester’s Palace Theatre to see their production of *The Little Mermaid*, the story of a young mermaid who gives her voice away to find true love. After watching the show in the morning, they will return to Girls Inc. for lunch and each group will script and produce their own original dramatic piece that emphasizes our Speak Up theme this week.

FRIDAY

Friday morning will jump start with swimming at South Common Pool, followed by lunch at noon. Activity time will follow where “Youngers” will have choice activities of: celebrating “Hooray for Kids Day” by making a fun short multi-media video and interviewing each other on what they love about being a kid in Fancy Fridays, learning Zumba dance in Work It Out, reading “Pancakes Pancakes” and making tissue paper pancakes in Artsy Authors, and learning about Mexico while reading “La Cazuela” and making Mexican flags in Traveling Tots. “Olders” will choose from: decorating inspirational quote rocks and learning about the Art Rock Project in Kindly Kids, learning the way our bodies react to emotions and how we show others how we feel in Act It Out, dissecting plants in Savvy Science, and creating paintings that show how music makes us feel in Bold Art. The day will end with snack, clean-up and group games.

Have an entertaining weekend everyone!

