

Summer 2017

Girls Incorporated of Greater Lowell

Activity Schedule for Week Two: July 3-7



GAME CHANGER GIRLS



MONDAY

Welcome to Week 2 of the Girls Inc. Summer Program! **Free lunches will be provided this week thanks to the Lowell Healthy Summer Program!**

We'll kick off **Game Changer Girls Week** with Get-To-Know-You games and special group time during the morning hours, where everyone will have a chance to meet their group leaders and get to know some new friends. After morning group time, we will have lunch and play group games. The afternoon will be divided into three hour-long intentional activity sessions, during which girls will rotate through each age group activity. The choices for the "Youngers" (girls in Groups 1-4) will be: participating in a fun physical workout and learning about the muscular system in SWEAT, playing tongue twister and sculptor and clay acting games in Drama Queens, mixing math and creativity to make music to dance to in Musical Muses, and discussing equal rights, how to identify a dream and empower yourself to work toward goals in Empower Pages. Choices for "Olders" (girls in Groups 5-8) will be: conducting a paper towel experiment and learning data collection and hypothesis skills in Exotic Explorers, learning about feudalism, class systems and social structures in Rad History, practicing Lacrosse skills and learning about the game in Global Girls, and making chicken alfredo in Lady Chefs. We'll wrap up the day with snack and group games.

TUESDAY

Girls Inc. will be closed on Tuesday, July 4th in observance of Independence Day.

WEDNESDAY

Field Trip Day!

Sports Clinic On-Site

The girls will stay at Girls Inc. today and explore the influence women and girls have had in sports throughout history. They will have an extra long lunch with a picnic in our backyard. In the afternoon they will rotate through a series of stations to get a full body work out.

Your day kit should contain: Sunscreen, drinking water and sneakers.

THURSDAY

The girls will begin this exciting day with local “Mini Field Trips,” during which they will explore a variety of organizations, museums, galleries and businesses in the Lowell area! Lunch will be served at noon, after which “Youngers” will have choice activities of: learning how money is made and decorating our own paper money in Money Mania, creating Chi Chi Sticks and learning about Chinese culture in Around the World, revisiting the French Revolution and the famous Women’s March on Versailles while eating eclairs in Herstory’s Treats, and putting the class in gym with an introduction to sports and dance in Fab Fitness. “Olders” will also have rounds of Choices, during which they can choose from: learning about Wilma Rudolph, a famous track and field Olympian who overcame Polio as a child while doing track activities in Sheros, thinking like astronauts all while learning about Sally Ride and exploring the importance of women being involved in STEM careers in Astro Girls, reading “Comet, Stars, the Moon and Mars” and playing an outer space Martian game in Lit Ladies, and making vanilla fizzy cupcake bath bombs in Mind and Body. The day will end with snack, clean-up and group games.

FRIDAY

Friday morning will kick off with group challenges, followed by lunch at noon. Activity time will follow where “Youngers” will have choice activities of: participating in a creative activity focused on National Chocolate Day, learning the history of the Hershey’s company and designing their own dream bars in Fancy Fridays, playing various games like Red Light, Green Light and creating their own mini exercise in Work It Out, reading “Sylvester and the Magic Pebble” and painting magic marbles in Artsy Authors, and discovering France, its culture and making mini Monet lily pads out of construction and tissue paper in Traveling Tots. “Olders” will choose from: continue reading “The Devil’s Arithmetic” and learning about the Holocaust in a summer long book club in Rockin Readers, learning ways to communicate with our bodies and different habits with a partner activity in Act It Out, participating in a Periodic Table Battleship Challenge while learning about Atoms and Elements in Savvy Science, and making comic paintings and learning about Roy Lichtenstein Pop Art in Bold Art. The day will end with snack, clean-up and group games.

Special Notices

Swimming starts next week! Please remember to bring bathing suits Monday and Friday for swimming at South Common Pool!

The Girls Inc. Store - selling merchandise such as T-shirts, water bottles and more - will be open in the lobby during pick-up time (4:30-5:30) on Tuesdays and Fridays.

Have a sporting weekend everyone!